

Alaska Women's Advanced Medical Aesthetics
Clear + Brilliant
Consent

Patient Name: _____

Date of Birth: _____

Do not sign this form without reading and understanding its contents.

The nature of the Clear + Brilliant procedure has been explained to me. I understand that just as there may be benefits from the procedure, all procedures involve risk to some degree. I understand that the following are among the expected side effects of the Clear + Brilliant procedure:

Discomfort or increased skin sensitivity — Most people will feel some heat-related discomfort (pain) associated with the treatment. This discomfort is usually temporary during the procedure and localized within the treatment area. A small number of patients have reported tenderness in the treatment area lasting up to several weeks.

Redness and Swelling — Laser treatment will cause varying degrees of redness and swelling in the treatment area. These common side effects last from several days to a couple of weeks, depending upon the aggressiveness of the treatments.

Itching — This can occur as part of the normal wound healing process or may occur as part of infection, poor wound healing or contact dermatitis.

Acne or Milia Formation — A flare-up of acne or formation of milia (tiny white bumps or small cysts on the skin) may occur. These symptoms usually resolve completely.

Herpes Simplex Reactivation — Herpes Simplex Virus (cold sore) eruption may result in rare cases in a treated area that has previously been infected with the virus.

I understand that the following are among the possible risks or complications associated with the Clear + Brilliant procedure:

Prolonged redness — In some cases, redness may persist longer than expected.

Bleeding; Oozing; Crusting — Aggressive treatment may cause pinpoint bleeding, petechiae (small red dots under the skin surface), and/or oozing. Crusting or scabbing may form if the clear fluid or blood dries.

Blisters; Burns; Scabbing — Heating in the upper layers of the skin may cause blisters or burns and subsequent scab formation. Steam from the heating may produce a separation between the upper and middle layers of the skin resulting in blister formation. The blisters usually disappear within 2-4 days. A scab may be present after a blister forms, but typically will disappear during the natural wound healing process of the skin.

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Delayed Wound Healing / Skin Textural Changes — Healing may not occur as expected due to an individual’s wound healing characteristics or post-treatment care, which may result in texture changes.

Scarring — Scarring is a possibility due to the disruption to the skin’s surface and/or abnormal healing. Scars, which can be permanent, may be raised or depressed, and scarring could lead to loss of pigment (“hypopigmentation”) in the scarred area.

Temporary Bruising — Temporary bruising may develop over the treated areas.

Pigment Changes — During the healing phase, the treated area may appear to be darker. This is called PIH, post inflammatory hyperpigmentation. You may have experienced this type of reaction before and noticed it with minor cuts or abrasions. PIH occurs as a part of the normal skin reaction to injury. The skin functions become hyperactive during the healing process, including cells that produce pigment. PIH occurs more frequently with darker colored skin, after sun exposure to the treatment area, or with patients who already have a tan. To reduce the risk of PIH, the treated area must be protected from exposure to the sun (sunscreen for 6 months after treatment); however, in some patients, increased skin coloring may occur even if the area has been protected from the sun. This pigmentation usually fades in 3 to 6 months.

Hypopigmentation — In some patients who experience pigment changes, the treated area loses pigmentation (hypopigmentation) and becomes a lighter color than the surrounding skin. This type of reaction may also be permanent.

Infection — If blisters or bleeding are present, an infection of the wound is possible. Scarring and associated pigment changes may result from an infection.

Eye Injury — Eye injuries may result from numbing cream getting into the eyes. Your eyes will be covered with protective goggles during treatment and should remain closed during the treatment. The laser could cause direct eye injury in the absence of these precautions.

Efficacy — Because all individuals are different, it is not possible to completely predict who will benefit from the procedure. Some patients will have very noticeable improvement, while others may have little or no improvement. A series of treatments is usually needed for maximum results.

Contraindications — The following contraindications are routine for many laser treatments and may also be associated with non-ablative Clear + Brilliant treatment: diagnosis/possibility of actinic keratosis, melasma, rosacea, or other significant skin conditions (e.g. skin cancer, active infections, cold sores, open wounds, rashes, burns, inflammation, eczema, psoriasis); predisposition to keloid formation or excessive scarring; conditions that may compromise the immune system (e.g. HIV, lupus,

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scleroderma, systemic infections); sensitivity to light or if photosensitizing agents/medications are being taken; systemic steroids (e.g., prednisone, dexamethasone); use of retinoids (should be avoided for at least 2 weeks prior to and during treatment); undergoing Accutane treatment or drugs in a similar class; if skin is still recovering from a cosmetic procedure; if Botox injections, or dermal fillers have occurred within the past 2 weeks. Solta, the product manufacturer, has no clinical information or experience concerning the use of Clear + Brilliant on pregnant or nursing women.

I am aware that other unexpected risks or complications may occur and that no guarantees or promises have been made to me concerning the results of the procedure. It has also been explained that during the course of the proposed procedure, unforeseen conditions may be revealed requiring performance of additional procedures. My questions regarding this treatment, its alternatives, its complications and risks have been answered by my doctor and/or his or her staff.

DO NOT SIGN THIS FORM UNLESS YOU HAVE READ IT AND BELIEVE THAT YOU UNDERSTAND IT. ASK ANY QUESTIONS YOU MIGHT HAVE BEFORE SIGNING THIS FORM. DO NOT SIGN THIS FORM IF YOU HAVE TAKEN MEDICATIONS WHICH MAY IMPAIR YOUR MENTAL ABILITIES OR IF YOU FEEL RUSHED OR UNDER PRESSURE.

I have read this form and understand it, and I request the performance of the procedure.

Patient Signature: _____

Date of Birth: _____

I have informed the patient of the available alternatives to treatment and of the potential risks and complications that may occur as a result of this treatment.

Witness Signature: _____

Date: _____